

# SPA

FANES by Caveau Beauté

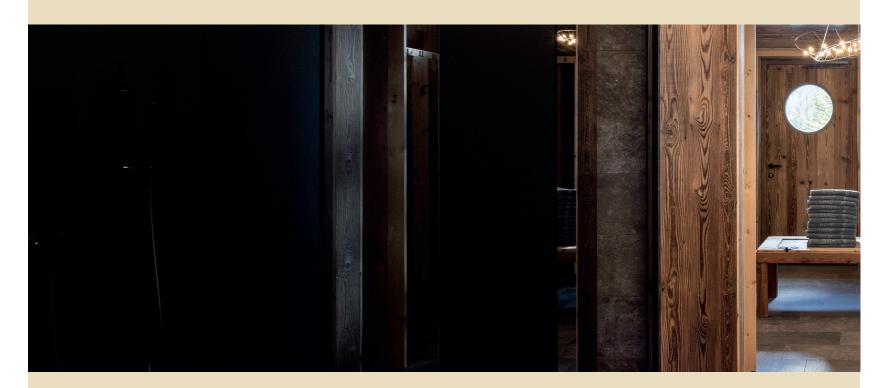
Hotel Fanes Wellness Spa and Caveau Beautè consolidate their collaboration after years. in absolute completeness, transforming the Hotel's SPA into an "Haute Couture" creation offering an unparalleled sensory experience. Caveau Beautè has created a series of new treatment rituals entirely dedicated to the Spa. reflecting the sophistication of Hotel Fanes in every detail. The innovative anti-ageing cosmeceutical project that Caveau Beautè has created is based on the perfect interaction biotechnological between patented techniques and the skilful experience of skin care, thus creating new transdermal treatment rituals with immediate effects, preserved in the cradle of the Dolomites, a Unesco World Heritage Site.The Wellness and Beauty Route is completed in the Caveau Beautè area for the purchase of face and body products.

### The cosmetic evolution

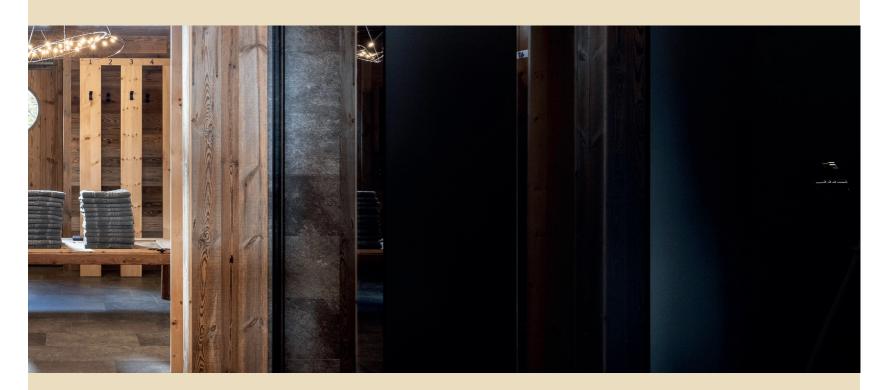




# MAISON CAVEAU BEAUTE



## Face Treatments



#### **BLANCHISSANTE**

Specific illuminating and regenerating treatment, with a lightening and smoothing effect on the complexion. Caveau Beautè Protocol:

- ◆ Caveau cleansing
- Massage Lumiére (face)
- ◆ Caveau products

#### Approx. 60 Minutes € 175

#### **ABSOLUT**

Intensive face and neck treatment with cold band-ages actions: lifting, plumping, nourishing, moisturizing and regenerating. The combination of Caveau beaute products and the Technique absolut massage protocol makes it possible to achieve and exceptional result that is immediately visible

This treatment is rich in innovative active ingredients and patented cross-linked hyaluronic acid. The skin is oxygenated, the result is radiant and long-lasting appearance.

- ♦ Caveau Cleansing
- ♦ Technique Massage
- Caveau Products

Approx. 60 Minutes € 195



# Caveau MOMIE Ag+999 HuÎtre Perlière DERMO-REBALANCING PURIFYING

Caveau MOMIE Aq+999 Huître Perlière is a face treatment with precious metals and pearls without equal. The composition of silver and its ions (Ag++) are a powerful dermo-purifying and antiseptic, super emollient, regenerating, restructuring, and antioxidant. Silver is recognized as an antibacterial par excellence, a topical remedy also for oily, mixed, pale, delicate and reactive skins, with a detoxifyingdecongestant power even for those with critical issues such as acne and dermatitis, infections, furthermore its functionality is known as a healing agent in capable of renewing the superficial layer of skin affected by the aging process. The composition of the Cast based on 100% natural oyster pearl powder and active substances with the transdermal Caveau Beautè products with CT3S patent, and the Exclusive technical protocol give extraordinary results from an immediate aesthetic and healthy point of view.

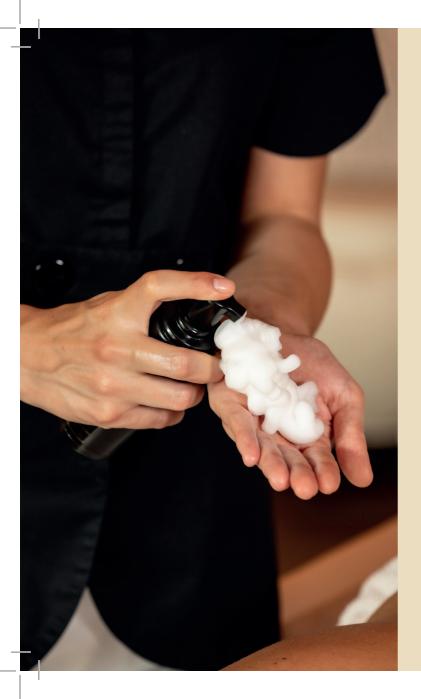
#### Approx. 60 Minutes € 225

# Caveau MOMIE Au 24K Huître Perlière DERMO-REVITALIZING ULTRA LIFTING

Caveau MOMIE Au 24K Huître Perlière is a high quality anti-aging facial treatment with 24K Gold of the highest purity, and 100% natural Pearl powder, known to reduce wrinkles and skin blemishes, with a firming, toning, illuminating and strongly plumping effect. Gold ions have an anti-aging function par excellence and stimulate cell renewal, creating an immediate lifting-remodeling effect, especially on sagging areas.

The transdermal products Caveau Beautè applied with CT3S patent and the cast, will allow to activate the peripheral microcirculation, oxygenating and stimulating the tissues even in the deepest stages with extraordinary results from an immediate aesthetic and healthy point of view.

#### Approx. 60 Minutes € 235



# DD CAVEAU

The range of DD products was created specifically for the Spa as an adjuvant for treatment rituals. Together with the SPA Manager Ingrid Crazzolara, the Maison Caveau Beautè has created highly effective applications complementary to the already existing products.

#### DETOX FACIAL TREATMENT REGENERATING (MAN-WOMAN TREATMENT)

Detoxifying and regenerating facial cleansing treatment with DD Caveau products with transdermal administra tion aimed at deep but extremely gentle cleansing.

Double cleansing with Huile gel of pure, coldpressed oils, enzymatic peeling with alpha hydroxy acids to re move dead cells, hydration and deep regeneration with massage combined with specific serums and creams.

Approx. 60 Minutes € 155

#### DETOX BODY TREATMENT REGENERATING (MAN-WOMAN TREATMENT)

It is a detoxifying and regenerating treatment. Minerali um removes pollutants and horny cells while smoothing the skin, sea activator releases the accumulation of flu ids, which strongly activates the lymphatic system.

The special draining massage with phytotherapeutic oil stimulates the microcirculation of the blood, guarantees new oxygen in the tissues, gives tone and firmness.

Approx. 60 Minutes € 130

# MODELING – STRUCTURING CELLULITE WITH DRAINING WRAP

This exclusive Caveau treatment in highly effective thermosmosis guarantees immediate results for slack skin tissue.

Thanks to the synergy of transdermal products and the effect of the aesthetic-curative massage, the tissue is greatly detoxified. Ideal for buttocks, inner thighs and culotte de cheval.

We suggest 3 consecutive treatments.

Approx. 80 Minutes € 220

# DETOXIFICATION-HEMOLYMPHATIC WHOLE BODY TREATMENT WITH DRAINING WRAP

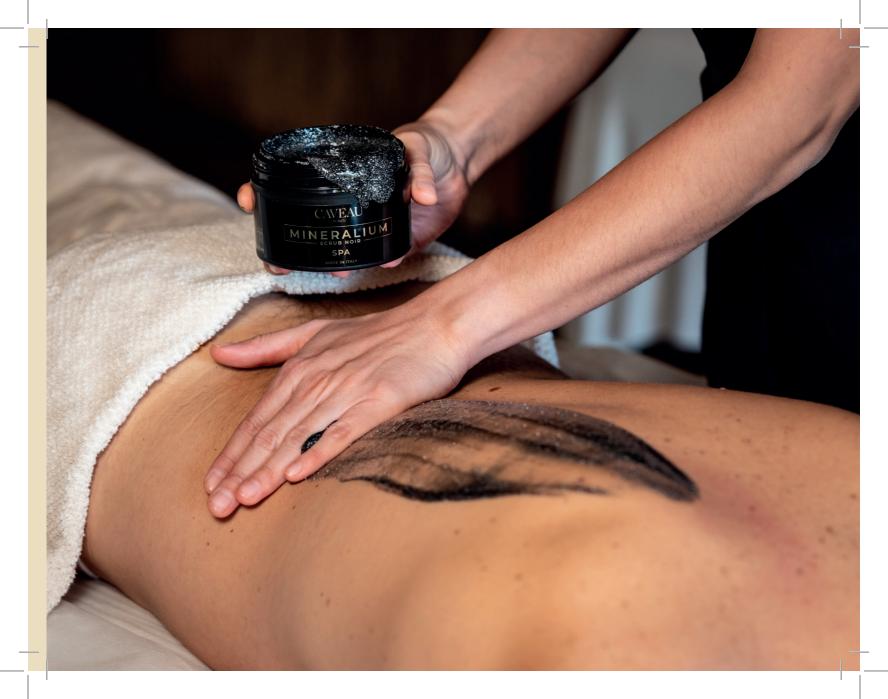
It is an exclusive caveau treatment in thermosmosis with detoxifying and haemolymphatic action.

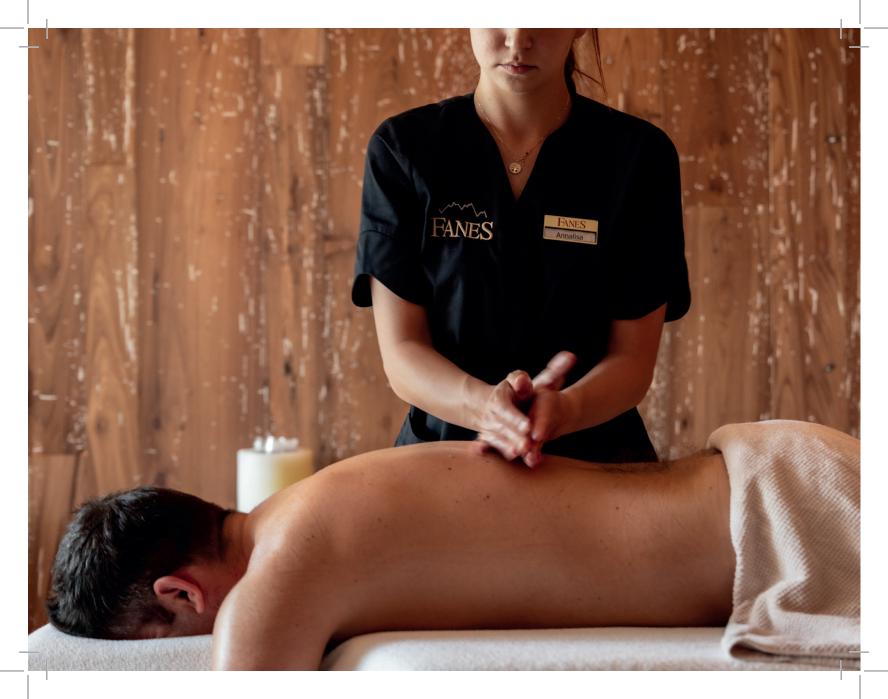
Thanks to the sea activator, Lynpha serum, minerali um and synergy with the therapeutic massage, blood microcirculation, fluid and lymphatic system conges tion are improved, toxins are eliminated, oxygenation is brought to oxidized and horny cells.

We suggest 3 consecutive treatments.

Approx. 80 Minutes € 220

## **Thermosmosis**







#### TREATMENT FOR MEN

Special regenerating complete treat ment for men. Tension, abdominal swell ing and muscle aches are relieved with a relaxing massage and a phytotherapeu tic oil and ensure well-being. Caveau's patented transdermal products, designed for the face and scalp, slow down the aging process by plumping and tightening facial wrinkles with im mediate effect.

Approx. 80 Minutes € 180

## **Uomo Vitae**

# MAISON CAVEAU



## Body Treatments



#### **RELAX REM**

Relax rem caveau is a unique and exclusive massage treatment inspired by the most ancient holistic techniques and bionatural, with brushinbg rituals, active ingredients and functional technologies, a blend of 10 precious oils, Tzubaki oil, that treat the most superficial part of the epithelium, to the deeper layers of the body with manual technical massage that eliminates everyrhing and releases accumulate tension and stress.

Approx. 55 Minutes € 155

#### **AURA RELAX VOYAGE TREATMENT**

Relaxing treatment aimed at detaching the being from the physical body to embark on a real bioenergetic jour ney aimed at psychophysical rebalancing.

Approx. 50 Minutes € 105



#### **DRENAGE DEGONFLER**

Drenage Dégonfler Caveau is a specific massage treatment to loosen and remove the blockage of stagnant fluids, abdominal swelling and toxins in the body. These are caused by prolonged stress, poor diet and bad habits. The synergy of transdermal products, applied together with a technical massage, allows a deep tissue detoxification and activation of the lymphatic and circulatory systems, with immediate and pleasant results.

Approx. 80 Minutes € 180

## CAVEAU FUSION NOURISHING RELAXATION TOTAL BODY

Caveau Fusion is a super relaxing and enveloping massage treatment with hot total body butters that generates a release effect of all the deepest tensions.

A delicate butter scrub to eliminate dead cells, the relaxing scalp massage, with the warm Cheveux de Bonnet cap with its active ingredients inside, will rebalance the scalp and hair. Continuing with the massage and the Fusion of hot butters on the body, we will have the absolute perception of coming into full contact with a unique and absolute experience of psycho-physical and olfactory well-being.

Approx. 55 Minutes € 149

## **Massages and Rituals**

#### Treatments of your choice

#### **SPORT MASSAGE**

Regenerates the muscles, prevents muscle spasms and increases muscle flexibility.

Approx. 50 Minutes € 110

Approx. 25 Minutes € 75 (partial legs or back)

#### **COMBI SPORT**

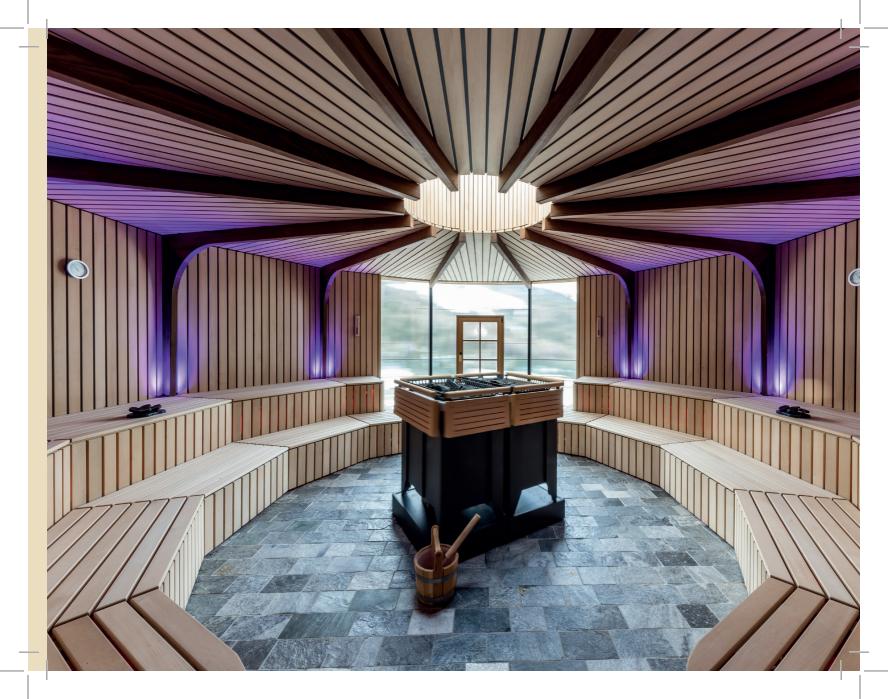
Sports massage for legs or back with plantar reflexology.

Approx. 50 Minutes € 115

#### **GEM BACK MASSAGE**

Chinese technique for the back with relax- ing pain-relieving effect.

Approx. 50 Minutes € 115



### **Oriental Treatments**

#### **SHIATSU**

Shiatsu is a manual technique based mainly on pressure applied with the thumbs, fingers, palms of the hand, elbows, knees or feet. The "pressure" of the fingers or other parts of the body stimulates the circulation and lymphatic flow, acts on the nervous system by relaxing in-depth muscular tension, toxins are removed from the tissues, and the hormonal system and selfhealing capacity of the body are stimulated.

Approx. 80 Minutes € 175

#### **THAI**

Instead, you lie fully clothed on a mat on the ground while a practitioner uses stretching, pulling, and rocking techniques to relieve tension, promote relaxation, and improve flexibility and circulation.

Approx. 80 Minutes € 175



# THERAPEUTIC TREATMENTS WITH OUR PHYSIOTHERAPIST

Therapeutic deep tissue massage Approx. 50 minutes € 115

Osteopathic treatment Approx. 50 minutes € 125

#### Kinesioterapia-tape

The Kinesio Taping® Method is a therapeutic taping technique which alleviates pain and facilitates lymphatic drainage by microscopically lifting the skin. This lifting affect forms convolutions in the skin increasing interstitial space and allowing for decreased inflammation in affected areas.

# PLANTAR REFLEXOLOGYE WITH FOOT MASSAGE

Stimulation of precise points on the sole of the foot, which have a direct connection with important organs of the body. It eliminates stress and improves the circulation.

Approx. 50 Minutes € 105



#### **TEENAGER**

Patented complete face-body treatment with transdermal delivery

The treatment is designed for comprehen sive care and well-being. Specially designed to reactivate and regenerate impure, dull and even acne-prone skin, rebalancing its natural functions.

The massage with phytotherapeutic oil has an immediate draining effect and is relaxing for the entire body.

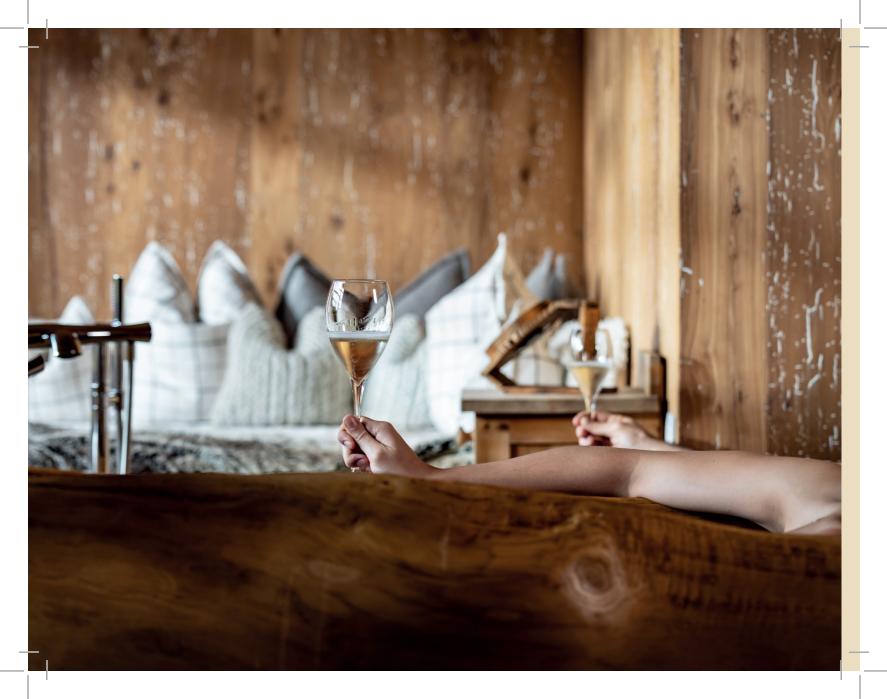
#### Approx. 45 Minutes € 95



#### **HAY BATH**

Beneficial herbs gathered at an altitude of 1800 m aid the treatment of muscle spasms and joint pain with a soothing calming effect.

Approx. 45 Minutes € 85



# CAVEAU LADINE (COUPLE TREATMENT)

A representative refuge in the "kingdom of Fanes" in the highest exclusivity with the farm's own whey treatment in wooden tubs made of chestnut trunks.

Fresh whey is applied to the body with warm butter scrub with a relaxing massage with butter. A glass of champagne with completes the treatment.

Approx. 80 Minutes € 325

# CAVEAU DOLOMITI (COUPLE TREATMENT)

The private Spa Dolomiti is one of the most prestigious treatments at Caveau Fanes. Relaxation and detox ritual with sauna, mineralium, soothing mountain spring water for immersion while enjoying a glass of champagne, relaxation massage with phytotherapeutic oil.

Approx. 80 Minutes € 325

Couple's Pleasure
PRIVATE SPA

# THERAPEIA HAY (COUPLE TREATMENT)

The term "phytotherapy" derives from the Greek phyton (plant) and therapeia (medicine) and represents the oldest expression of the medical and pharmaceutical arts.

A unique and exclusive bath in chestnut wood tubs with spring water and fragrant hay pillows awaits you - this is particular ly suitable for allergy sufferers. Then relax with a massage with hot phytotherapeu tic oils, which have a positive effect on the entire organism.

#### Approx. 80 Minutes € 325





# JETPEEL MESOJET AND RADIOFEQUENCE

The radio frequency produces heat in depth. The fibroblasts found in the dermis stimulate the collagen and elastic fibers producing a lifting effect by stretching and compacting the skin.

JetPeelTM is a new device for cosmetic resurfacing of the facial skin. It uses a new technology of a two-phase stream that creates a jet composed of gas (oxygen) and microdroplets of fluid (saline) accelerated to supersonic velocities. This jet impacts the skin, causing gentle and accurate cosmetic peeling. JetPeel™ exfoliates by painlessly removing the dead layer of the skin cells that negatively impact your skin's natural healthy glow. It penetrates, rejuvenates and oxygenates your skin by infusing oxygen into the deep dermis to recharge and revitalise these cells, improving skin texture, tone and colour. It's an all natural air and water dermal infusion, a deep serum and solution penetration without needles.

#### **Results:**

- Wrinkle improvement
- ◆ Tissue toning
- Replumping
- Greater compactness
- Shrinking action
- Eliminates acne
- Soothing
- Brightening action
- Improves scars

# JetPeel™ FANES hight effect Facial treatment

ONE SESSION € 210

JetPeel™ FANES hight effect
Face and neck treatment

ONE SESSION € 290

JetPeel™ FRESH UP Hands or eyes or teenager treatment

ONE SESSION € 110

# MEDICAL HYDROPORATION AND RADIOFEQUENCE TREATMENTS

- Against cellulite, legs and thighs, inner knee
- Against fat, abdomen and hips
- Laxity, relaxation and loss of tone on the arms, inner thighs, buttocks, hips and abdomen

Face and neck treatment:

# 1 MEDICAL RADIOFREQUENCY SESSION

30/40 minutes with subsequently 15 Minutes massage € 160 / 210

MESOJET FANES + FR Face and Neck

ONE SESSION € 370

#### **PRODUCTS SOLD**

Looking for a gift for a loved one or a keepsake of your spa treatments by Caveau Beauté to take home? All our treatment products are available for purchase directly from our hotel. Free shipping occurs with any purchases above € 150.

#### **REST AND RELAXATION**

For the relaxation, enjoyment and privacy of all our guests, mobile phones and other electronics are not permitted in the Fanes Spa areas. We also ask that you speak quietly during your time at the Spa.

#### **SHAVING**

We recommend that gentlemen shave prior to facial treatments.

#### YOUR HEALTH IS IMPORTANT TO US

Please inform us of any health related issues you may have at the time of booking. Conditions we need to know about include (but are not limited to) things like: high blood pressure, heart conditions, allergies and pregnancy. If you are unsure whether something might be important, please discuss this with our Spa team in order to optimize your treatment. Also, we recommend staying hydrated pre and post treatment.

#### **CANCELLATION**

As we have reserved this space exclusively for you, we require 24 hours' notice should you wish to cancel

or reschedule your appointment. Cancellations or rescheduling outside of this time, as well as no-shows, will incur the full treatment fee.

#### **EVERY MOMENT IS PRECIOUS**

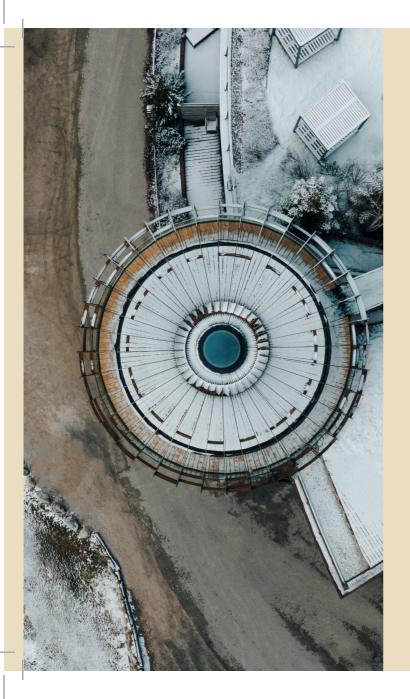
Your treatment has been especially reserved for you, so please arrive at least 10 minutes prior to your appointment, allowing you to wind down in the relaxation area and fully enjoy your Fanes Experience. Please note that a late arrival will result in your treatment being curtailed in order to avoid other quests to be inconvenienced.

#### **CLOTHING**

For maximum comfort, we recommend that you wear the soft Fanes bathrobe provided, you will find this in your room. Please refrain from bringing any jewellery and other valuables to the SPA area. Disposable underwear will be provided for massage treatments.

Your Fanes SPA Team

# Fanes Spa & Etichetta Wellness



#### **OPENING HOURS**

FANES SPA 9am - 8pm

SAUNAS AND 3pm - 8pm STEAM BATHS

POOLS 7am - 8pm

**SKYPOOL** 7:30am - 9am

3pm - 7.30pm

(depending on daily weather conditions)

PRIVATE SPA 9am - 8pm

FITNESS 7am - 8pm

NEW
VINYASA/HATA
YOGA WITH AMIT
AND PILATES WITH
NABI

Privat lessons by appointment from 7.30 am to 12.30 pm 50 min € 75

50 min. € 75 80 min. € 99





#### Fam.Crazzolara

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