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**FANES SPA**  
DOLOMITI  
WELLNESS  
HOTEL

SUMMER / WINTER 2021



## FANES SPA & ETIQUETTE WELLNESS

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### EVERY MOMENT IS PRECIOUS

Your treatment has been especially reserved for you, so please arrive at least 10 minutes prior to your appointment, allowing you to wind down in the relaxation area and fully enjoy your Fanes Experience. Please note that a late arrival will result in your treatment being curtailed in order to avoid other guests to be inconvenienced.

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### YOUR HEALTH IS IMPORTANT TO US

Please inform us of any health related issues you may have at the time of booking. Conditions we need to know about include (but are not limited to) things like: high blood pressure, heart conditions, allergies and pregnancy. If you are unsure whether something might be important, please discuss this with our Spa team in order to optimize your treatment. Also, we recommend staying hydrated pre and post treatment.

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### REST AND RELAXATION

For the relaxation, enjoyment and privacy of all our guests, mobile phones and other electronics are not permitted in the Fanes Spa areas. We also ask that you speak quietly during your time at the Spa.

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### CLOTHING

For maximum comfort, we recommend that you wear the soft Fanes bathrobe provided, you will find this in your room. Please refrain from bringing any jewellery and other valuables to the SPA area. Disposable underwear will be provided for massage treatments.

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### SHAVING

We recommend that gentlemen shave prior to facial treatments.

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### CANCELLATION

As we have reserved this space exclusively for you, we require 24 hours' notice should you wish to cancel or reschedule your appointment. Cancellations or rescheduling outside of this time, as well as no-shows, will incur the full treatment fee.

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### PRODUCTS SOLD

Looking for a gift for a loved one or a keepsake of your spa treatments to take home? All our treatment products are available for purchase directly from our hotel. Free shipping occurs with any purchases above € 150.

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### SOLARIUM

Tokens for the solarium are available at the Fanes Spa and Hotel Reception.

*Yours Fanes SPA Team*



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### OPENING HOURS

Fanes Spa  
9am – 8pm

Saunas and steam baths  
3pm – 8pm  
(or from 1pm depending on weather conditions)

Pools  
7am – 8pm

Sky Pool  
7.30am – 9.00am  
3pm – 7.30pm  
(depending on daily weather conditions)

Private-Spa  
9am – 8pm

Fitness

## PRIVATE SPA

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### FANES PRIVATE SPA SUITE

"Kingdom of Fanes" and "Stone Pine Spa"

Show a loved one that you care. Indulge yourselves and enjoy memorable times as a couple in our luxurious Spa Suites with hey sauna or steam bath, salin bath or magnificent bathtubs, designed to deliver maximum relaxation and sense of well-being.

#### Signature Fanes Spa Treatment

Indulge in a special Hammam steam bath: body peeling with black soap, rich in vitamin E, Hénnepack: a combination of Moroccan herbs with rose or jasmine essence. Enjoy some comfortable togetherness in our exclusive milk whey bath, fresh from our farm, a cup of mint tea and mixed berries; followed by a Fanes wellbeing massage using a high-quality argan oil.

Pampering time Approx. 150 min.

Price for 2 people / € 408

#### Mei Ritual in Fanes Spa Suite

Your choice of: "Dolce Vita" or "Sotto Sale" peeling, followed by a marvelous bath with essence of orange, lemon and green bergamot. For your wellbeing a fabulous body massage with purest essential oils. Relax and unwind with a glass of champagne and canapés prepared by our chef.

Pampering time Approx. 150 min.

Price for 2 people / € 398

#### Vinoble Ritual in Fanes Spa Suite

Body peeling with salt and grape seeds, enjoy the invigorating bath "Barrique" and subsequently a Vinoble Balance massage with grape seed sachets. Finish up with a glass of Sauvignon and a selection of seasonal fruit.

Pampering time Approx. 150 min.

Price for 2 people / € 398

#### Private Spa Suite: Just the two of you

Enjoy some 'us' time in the intimate surroundings of our Spa-Suite. Indulge your senses with a extraordinary blossom bath while nibbling on some delightful canapés and a bottle of Prosecco.

Pampering time Approx. 90 min.

Price for 2 people / € 190



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## PURE NATURE

Unisex treatment based on natural active substances. Our products contains only vegan ingredients and totally not tested on animals. As guarantee of compliance with our meticulous quality standards, each year our products are checked by the Vegan Society. We also renounce the use of parabens, paraffins, PEG (polyethylene glycols), synthetic dyes and substances that activate hormones.

### Clean (natural ingredients)

- Vegan
- Not tested on animals
- Natural, highest quality
- Free of questionable ingredients

### Lean Luxury (Slim Luxury)

- Fine textures, delicate fragrances
- Functional and unisex
- Minimalist design

### Sustainable (sustainable all along the line)

- 100% made in Austria
- Made in our own manufactory
- Sustainable packaging (natural ingredients)
- Vegan (animal-free)
- Free of questionable ingredients

### Results-driven (Skin care with effect)

- Natural ingredients
- High doses, for visible results
- Treatment concepts from the Vinotherapy and TEM



## FACIAL TREATMENT

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### Shiny & Bright

Ultrasonic facial treatment with concentrated anti-wrinkle.

This ultrasonic stimulation visibly improves your skin's texture, tone and brightness, due to the micro-exfoliation allows a better oxygenation, the subsequent mask moisturizes the skin and smoothes wrinkles. Your skin will look relaxed and rested.

Approx. 30 min. / € 102

### Vinoble Express

Refreshed and groomed in 30 minutes!

The basic treatment comprises peeling, deep cleansing and mask. The quick booster for fresh-looking skin!

Approx. 30 min / € 75

### Vinoble Luxury

The skincare experience for radiant skin!

Mask and serum cocktail with steam cells and resveratrol are adapted to your individual skin type, leaving your skin radiant and healthy.

Approx. 60 min / € 130

### Intensive Eye Treatment

Special rich serum of OPC, antioxidant.

This active ingredient treatment for the eyes for moistening, tightening the contours and reducing wrinkles as well as brightening the eye circles.

Approx. 20 min. / € 43

## BODY TREATMENT

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### Vinoble Purifying

Peeling with sea salt and grape seeds + body massage.

A purifying body peeling with grape seeds and Dead Sea salt, enabling the skin to absorb more of the precious grape seed oil. The entire body will be stimulated and remoisturised with the grape seed oil and unsaturated fatty acids.

Approx. 50 min. / € 103

Approx. 80 min. / € 135

### Vinoble Balance

Treatment with grape seed sachets.

This particular massage works in depth. Using the warm grape seed oil, the body with hand and the grape seed sachets along the energy channels with rubbing, stimulating and modelling movements. The energy is gently distributed with a relaxing energising effect.

Approx. 50 min. / € 100

### Vinoble Detox in Aemotio Spa

Slimming & detox performance.

Precious detox pack with body bandage floating in the Aemotio Spa, followed by special massage techniques that offer an extraordinary experience with visible results. The profiles are reshaped; the skin is stretched and the cellulite blemishes are less visible. The treatment guarantee a greater tone and firmness on the areas of the abdomen, legs and buttocks.

Approx. 80 min. / € 160

3 sessions Vinoble Detox / € 440





JetPeel™ is a new device for cosmetic re-surfacing of the facial skin. It uses a new technology of a two-phase stream that creates a jet composed of gas (oxygen) and microdroplets of fluid (saline) accelerated to supersonic velocities. This jet impacts the skin, causing gentle and accurate cosmetic peeling. JetPeel™ exfoliates by painlessly removing the dead layer of the skin cells that negatively impact your skin's natural healthy glow. It penetrates, rejuvenates and oxygenates your skin by infusing oxygen into the deep dermis to recharge and revitalise these cells, improving skin texture, tone and colour. It's an all natural air and water dermal infusion, a deep serum and solution penetration without needles.

Results:

- wrinkle improvement
- tissue toning
- replumping
- greater compactness
- shrinking action
- eliminates acne
- soothing
- brightening action
- improves scars

#### JetPeel™ Fanes Premium Deluxe

Face, neck, décolleté and hands treatment	
1 session	€ 425
3 sessions	€ 1.117

#### JetPeel™ Fanes Deluxe

Face, neck and décolleté treatment	
1 session	€ 355
3 sessions	€ 954

#### JetPeel™ Fanes Premium

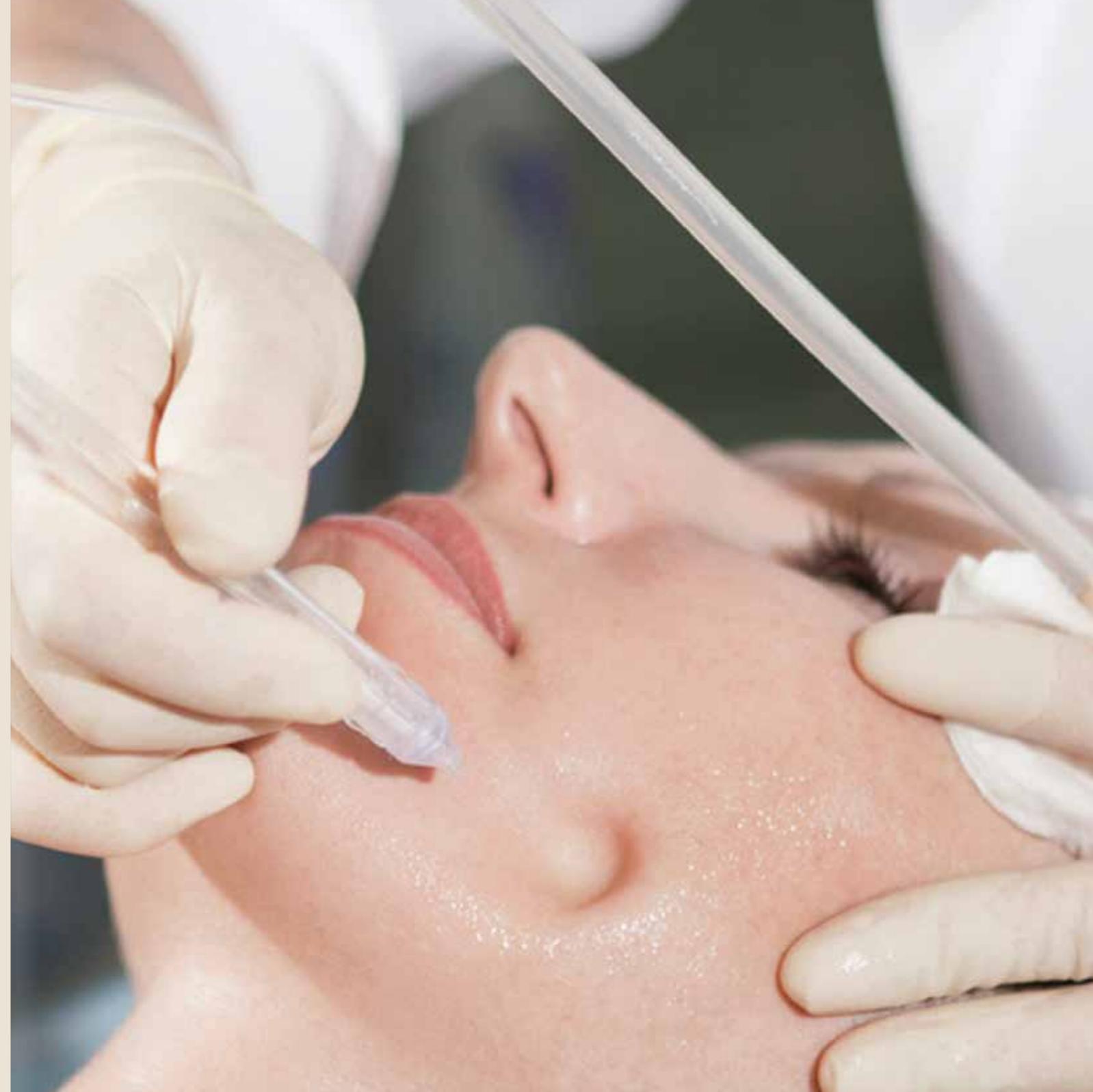
Facial treatment	
1 session	€ 194
3 sessions	€ 534

#### JetPeel™ Fanes Premium

Face and neck treatment	
1 session	€ 275
3 sessions	€ 795

#### JetPeel™ Fanes Fresh Up

Hands or eyes or teenager treatment	
1 session	€ 94
3 sessions	€ 264



## ERICSON LABORATOIRE - PARIS

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We deal with all skin problems: energy or hormone deficiency, wrinkles and scars, pigmentation spots, overactive seborrhea, diffuse red blotches and rosacea. The results achieved are quite obvious and highly satisfactory.

### FACIAL TREATMENTS

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#### Skinjexion

The antioxidant element "VXN" slows down the wrinkles development, the synaptic element relaxes the cutaneous contraction and the hyaluronic acid is able to fill up wrinkles.

Approx. 60 min. / € 160

#### Skin Oxygen Therapy

Products specifically adapted to address the effects of pollution on the skin in depth, cleanse it and enable it to breathe better. Boosts cell metabolism. The skin, more energetic, shows a better resistance to daily environmental stress.

Approx. 60 min. / € 137

#### Vitamin Energy

Our Vitamin Energy skincare is a double treatment enriched with Vegetal Taurine and Multi Vitamin recharge with a power-

ful revitalizing action, in order to sustain or restore all its fundamental mechanisms. The results are immediately visible: radiance and vitality characteristic of youthful skin.

Approx. 60 min. / € 160

### BODY TREATMENTS

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#### Osmo-Thermy

Body treatment with Guerande salt. Overall overweight, water retention, salt scrub, toxins elimination followed by a thermal wrap based on oligosali and micronized algae with draining effect, energizing and anticellulite.

Approx. 50 min. / € 97

#### Celulit Burn Dstress

This is a Slimming treatment for hyperactive and energetic women, who are often stressed by the daily accumulation of work,

family, life and interpersonal relationships. Such a busy lifestyle causes stress, no doubt responsible for the cellulite or extra weight that has set in. Our treatment provides for a double effect on two entirely new aspects! This is a very powerful treatment giving instant visible and strongly felt results:

- For skin lacking tone
- Surface lines
- Residual scaring
- Pigmentation spots
- Excess of dead cells

Approx. 90 min. / € 155

3 sessions / € 440

+ home kit / € 115

#### NEW

#### Enzymacid

Body skin like velvet and silk with the three-dimensional peeling treatment Enzymacid:

The Combination of mechanical, chemical and enzymatic peeling substances with a long-term effect, let the skin blossom to new life if wading through a youth fountain-and that long-lasting.

Approx. 50 min. / € 95

#### NEW

#### Cellulit Vib

Ultrasound "Like" Shock Treatment. Slimming Performance in 3 Methods. Detachment of adipocytes - Fat elimination - Draining the waste - Remodeling the 3-dimensional structure of the adipose tissue.

Approx. 60 min. / € 120

3 sessions / € 338

#### NEW

#### X50 Body Matrix

Anti-age slimming Treatment. Specific mature women.

Slimming & Wellness Treatment:

- Deeper and better targeted slimming action
- Hormone regulating action
- Heavy legs syndrome relieving action
- Slim waist action
- Skin brightening

Approx. 90 min. / € 155

3 sessions / € 440

+ home kit / € 115



  
**CAVEAU**<sup>®</sup>  
BEAUTÉ

THE COSMETIC EVOLUTION

## CAVEAU CABINE

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### ANTI-AGING FACIAL TREATMENT

The innovative Anti-Âge cosmeceutical project created by Caveau Beauté is based on a perfect combination of innovative biotechnological techniques and skillful experience in skin care, giving birth to the evolution of cosmetics.

This revolutionary and exclusive technology is based on a patented system called Caveina Technology System, which consists of double layer micro particles that exert an effective contrast action of the signs left by the spend of time. On the outer surface layer of these active nucleuses are sequences of "intelligent" amino acids that are able to identify, with the precision of a radar, the areas of depression of the skin automatically directing the individual units to areas that need an effective Anti Âge.

Approx. 60 min. / € 172

### INTENSIVE ILLUMINATING TREATMENT

Specific treatment illuminating and regenerating, with lightening effect and uniforming of the incarnate.

Protocol Beauté Caveau:

- Caveau cleaning
- Massage Lumière (face)
- Caveau products

Approx. 45 min. / € 100

### INTENSIVE EYE AND LIPS TREATMENT

Specific treatment for eye and lip contour, from the fabulous plumping effect for lips and anti-fatigue / lightening for dark circles and bags.

Protocol Beauté Caveau:

- Caveau cleaning
- Massage Joelle (localized eye and lip contour)
- Caveau products

Approx. 30 min. / € 80

### NEW

### MASSAGE RELAXREM

The Caveau RelaxRem massage contains a high dose of active ingredients and is inspired by universal and bio-natural ancient science.

Approx. 50 min. / € 135

### DRENAGE DÉCONFLEUR

This treatment has an extreme effect on your well-being, it is highly draining and dehydrating. Abdominal bloating, as well as stress related toxins will dissolve.

Approx. 75 min. / € 155

## THE QUICK MAGIC SKIN FORMULA

Winner of the "World's best Spa brand" 2015/2016

Special cosmetic skin treatment for rapid improvement of all skin types. The first successful synergic emulsion of fruit acids and collagen. A treatment from the Marbella clinic of medicine and cosmetic micro-surgery.

- 1x !QMS Special Facial Classic / Sk Alpha / Tissudermie

Approx. 60 min. / € 153

- 1x !QMS Pure Oxygen / Skin Renewal / Ion Skin Equalizer

Approx. 75 min. / € 176

- 3x !QMS Facial Classic / SK Alpha / Pure Oxygen € 455 + 10% discount on purchase of products

We recommend: Oxygen facial therapy for all treatments

Approx. 10 min. / € 15

The !QMS products by Dr. Schulte are the most innovative and complete scientific body treatment for cell rejuvenation.

## SOFT-PACK BATHS AND COMPRESSES

### Hay bath

Beneficial herbs gathered at an altitude of 1800 m aid the treatment of muscle spasms and joint pain with a soothing calming effect.

Approx. 45 min. / € 70

### Vitalis bath

Fomentation with a variety of alpine plants creams, such as arnica, St. John's wort, dwarf mountain pine and Scotch pine for a detoxify and painkilling effect.

Approx. 30 min. / € 70

### Mud and Algae body wrap with lotion

Mud has a beneficial effect on the joints and relaxes the muscles.

Approx. 30 min. / € 70

### Vital Egyptian body wrap

This special wrapping technique has a draining and detoxifying effect, it reinvigorates, smoothes and firms, reducing the unsightliness of cellulite. With its ultra-fine Dead Sea mud, salt and minerals.

A real wellness treatment with incredible results.

- 1x Egyptian body wrap  
Approx. 90 min. / € 135

- 1x Quick Egyptian body wrap  
Approx. 55 min. / € 105



## BEAUTY

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Manicure with varnish / soak off varnish	€ 47/69
Manicure	€ 42
Pedicure with varnish + peeling / soak off varnish	€ 65/82
Pedicure + peeling	€ 60
Soak off varnish semi permanent	€ 38
Removal varnish soak off	€ 10
Pain-free treatment for ingrowing nails	€ 45
Natural or French nail lengthening	€ 92
Nail refill with gel	€ 76
Eyebrow correction or colouring	€ 15
High-pressure sun tanning bed	€ 22
Paraffin wax treatment for hands and feet	€ 35

## HAIR REMOVAL

Full leg + bikini line	€ 75
Full leg	€ 60
Half leg + bikini line	€ 65
Half leg	€ 50
Chin	€ 15
Upper lip	€ 12
Bikini line with sweet epil	€ 25/35
Armpits with sweet epil	€ 17
Back and chest	€ 35
Arms	€ 35

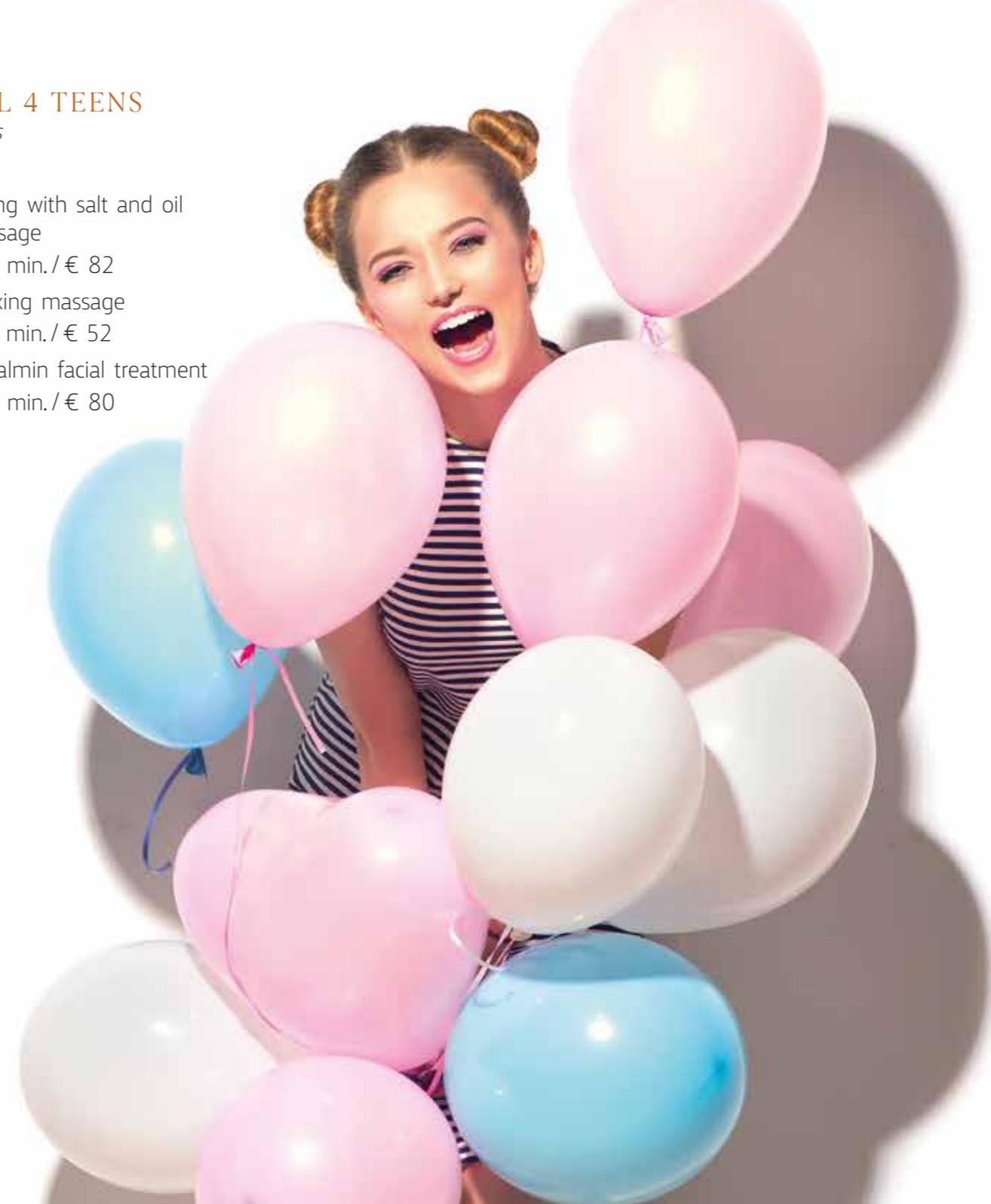
## PREGNANCY TREATMENTS

Aemotio Body scrub Vinoble + moisturizing wrap lotion / Approx. 60 min.	€ 120
Drainage massage / Approx. 60 min.	€ 103
Face + scalp massage / Approx. 25 min.	€ 59
Sky and Earth (face + scalp massage + PMP dynamic) / Approx. 80 min.	€ 145

## SPECIAL 4 TEENS

*till 16 years*

- Body peeling with salt and oil + bodymassage  
Approx. 50 min. / € 82
- Partial relaxing massage  
Approx. 25 min. / € 52
- Purifying/calmin facial treatment  
Approx. 50 min. / € 80





## COUPLE'S RITUALS

Treatments of your choice

### MEI Exclusive ritual Him & Her

"The only way to get rid of a temptation is to yield to it." – Oscar Wilde ...and he hadn't tried this wonderful ritual yet signed Mei SPA Exclusive for Him and Her, a sensory experience of a one thousand and one nights!

You can choose from three version which one you prefer: sugar and orange "Dolce Vita", salt and green tea "Sotto Sale" and persian rose "Rosa Persiana" treatment!

Approx. 80 min. for 2 people / € 270

### Relaxing massage

An ideal time to forget all your worries, relax and let others take care of you, recharge your batteries and treat yourself to wellness and harmony.

Approx. 50 min. / € 87

Approx. 25 min. partial legs or back / € 58

### Sport massage

Regenerates the muscles, prevents muscle spasms and increases muscle flexibility.

Approx. 50 min. / € 93

Approx. 25 min. partial legs or back / € 65

### Combi-Sport

Sports massage for legs or back with plantar reflexology.

Approx. 50 min. / € 98

### Anti-cellulite massage

Improves skin tone, also help dissolve body fat due to the cream anti-cellulite, ivy gel and menthol oil which helps to strengthen connective tissue and improves the silhouette.

Approx. 50 min. / € 96

Approx. 75 min. with appliance Duo / € 124

### Lymphatic massage Dr. Vodder / Drainage circulatory massage

Acts on the lymphatic circulation, increasing its speed and hence the capacity to absorb liquids in excess. Its function is to collect the waste substances and transport nourishment.

Approx. 60 min. / € 103

### Face and scalp massage

The massage is performed using specific vital and moisturizing mask relaxing and regenerative effect.

Approx. 50 min. / € 91

### GEM back massage

Chinese technique for the back with relaxing pain-relieving effect.

Approx. 50 min. / € 94

### Lomi Lomi Nui

This traditional massage from the Hawaii islands is based on rhythmic techniques with both fingers and palms of the hands, forearms and elbows. Lomi-lomi helps to release the energy blocks with a muscle relaxing effect.

It is considered a gem among massage techniques.

Approx. 60 min. / € 115

### Vitalstone

Basalt stones come from the heart of our earth and in contact with our body they transmit heat, energy, harmony and well-being with a muscle relaxing effect.

Approx. 60 min. / € 115

### Therapeutic treatments

The physiotherapeutic, osteopathic and phototherapy treatments are performed by our Maurizio.

Approx. 40-50 min. / € 85 - 105

### NEW

Kinesiotherapie - Tape

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## ORIENTAL TREATMENTS

### Plantar reflexology with foot massage

Stimulation of precise points on the sole of the foot, which have a direct connection with important organs of the body. It eliminates stress and improves the circulation.

Approx. 50 min. / € 88

### Ayurveda Mekong Kerala

Ayurveda means "Science of life". Ayurvedic massage has very ancient Indian origins, its aim is to restore the balance of the organism and maintain physical and mental health. It is considered an excellent way of combating stress.

Approx. 80 min. / € 149

### Pindasveda with steam in Aemotio Spa

Massage performed with warm oil and sachets containing aromatic herbs, spices and clay. The effect is purifying, it relieves rheumatic pain and imparts warmth and vigour.

Approx. 80 min. / € 149

### Pindasveda

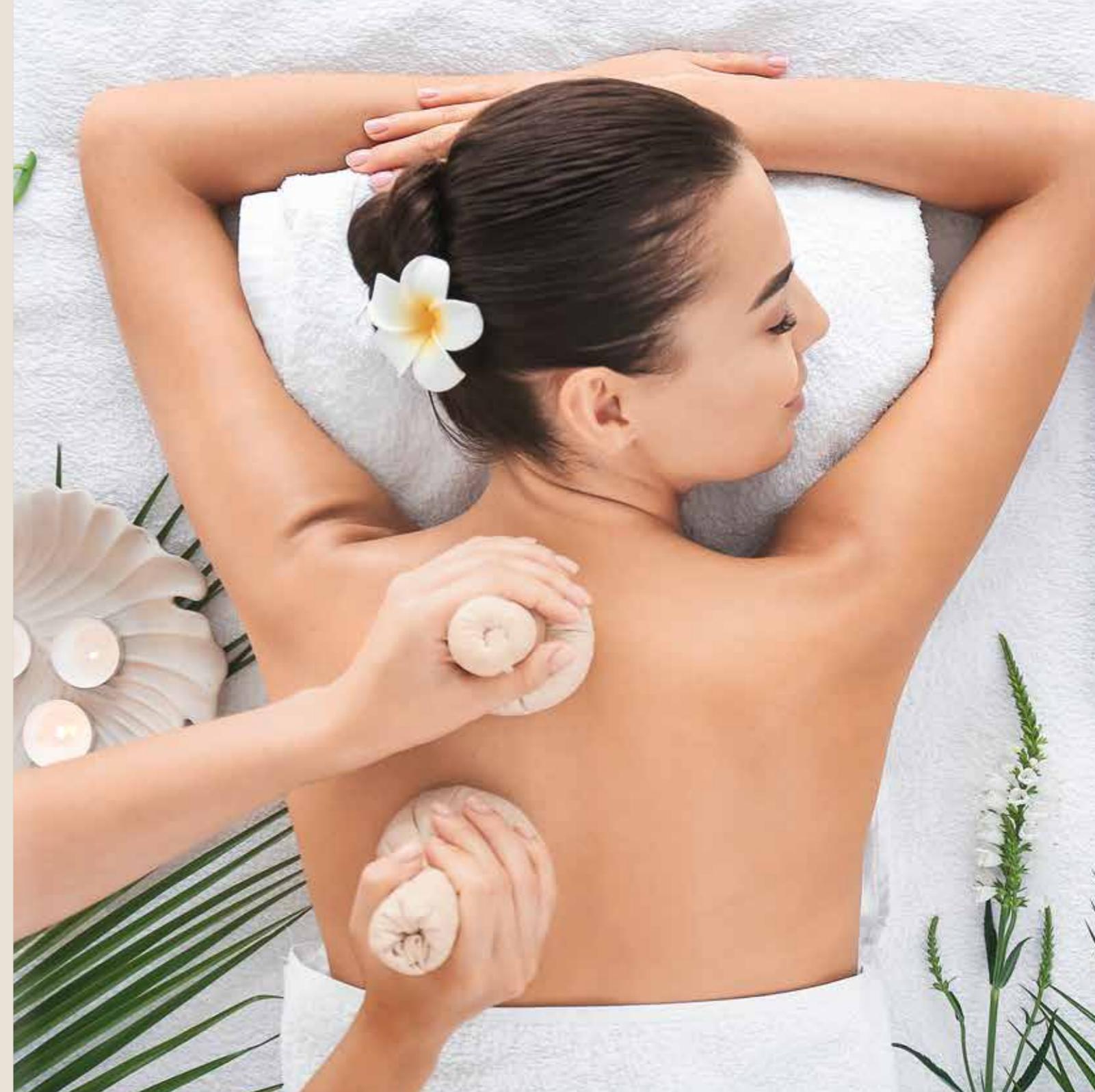
Massage performed with warm oil and sachets containing aromatic herbs, spices and clay. The effect is purifying, it relieves rheumatic pain and imparts warmth and vigour.

Approx. 50 min. / € 97

### Shiatsu / Thai

Shiatsu is a manual technique based mainly on pressure applied with the thumbs, fingers, palms of the hand, elbows, knees or feet. The "pressure" of the fingers or other parts of the body stimulates the circulation and lymphatic flow, acts on the nervous system by relaxing in-depth muscular tension, toxins are removed from the tissues, and the hormonal system and self-healing capacity of the body are stimulated.

Approx. 80 min. / € 149





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## NATURE PACKAGES

### Earth

- Salt and mud body pack on the Soft-Pack
- Vitalstone

Approx. 2h / € 208

### Fire

- Algae body pack on the soft-pack
- Anti-cellulite massage with appliance Duo

Approx. 2h / € 208

### Water

- Face and scalp massage
- Lomi Lomi Nui

Approx. 2h / € 208

### Wind

- Plantar reflexology
- Thai massage

Approx. 2h / € 208

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## PACKAGES

### Aemotio Spa Marocco Jamila

scrub with black soap and HENNÉ rose oil wrap and steam, aromatic well being massage.

Approx. 90 min. / € 170

### NEW

### Special Ayurveda in Aemotio Spa

- 1 Udvartana with mud pack Ayurveda and Svedana / Approx. 50 min.
- 1 Ayurveda Kerala / Approx. 60 min.
- 1 Pindasveda / Approx. 50 min.

€ 278

### Fanes Cuddles Vinoble

- Body scrub Vinoble
- Vinoble Balance massage
- Vinoble express facial treatment

Approx. 2h / € 222

### Special Back

- Hay bath
- Decontracting back massage with warm bags

Approx. 1h 15 min. / € 130

### Sky and Earth

- Face and scalp massage with special serum and musk

- Foot reflexology

Approx. 60 min. / € 140

### Light Legs

- Cellulit Vib / ca. 60 min.

- X50 Body Matrix / Approx. 90 min. + Special Cooling Leg for using at home

€ 275

### Perfect Body in 4 days

- Enzymacid, intensive body peeling / Approx. 45 min.

- Osmo-thermy treatment / Approx. 50 min.

- Celulit Burn Dstress / Approx. 90 min.

- Cellulite Vib / Approx. 60 min.

€ 440 + home treatment kit / € 125

### Body Styling

- Osmo-thermy treatment / Approx. 50 min.

- Anti-cellulite massage with appliance Duo / Approx. 75 min.

€ 205

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## PMP PHYTOMASSOPODIA

Wellness from feet academy

### PMP-Roman Ritual

Unique patented method for wellbeing of the feet and the whole body. Pmp is an extraordinary decompression treatment which, starting from the feet, winds down, relaxes, detoxifies and oxygenates mind and body. The treatment ensures maximum effectiveness of the plant properties enhanced by an innovative massage technique.

Approx. 50 min. / € 90

### PMP-Dynamic Ritual

Provides immediate relief and renewed energy and vigour thanks to the essential oils of wild plants and peppermint aroma therapy.

Approx. 45 min. / € 93





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